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佛門禮儀

「千江有水千江月」

第三課



我們行者、修行人，

最重要三件事情一持咒、供佛、禪定，

每天一定要做這三件事情。

蓮生法王開示集【偕汝談心(五)】《師嬤紀念碑安座開示》

供佛與祭祖

Offering to Buddhas and Ancestors



❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

課堂目標：

Class Objectives



居家供台設立

Setting Up a Home Altar



供祭原則

Principles of Offerings and Rituals



❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

對我們在家學佛的人來說，
在家裡**供奉佛菩薩聖像**，
以及**祭拜祖先**，
是**非常重要**的一件事。

For those of us who practice Buddhism at home,
it is very important to enshrine
Buddhas and Bodhisattvas
and to honor our ancestors.
This is truly an essential practice.



❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

誠於中，**形**於外，
這些行為都是我們內心
對三寶（佛、法、僧）的**恭敬**，
以及對先祖**孝道**的展現。

Sincerity in our hearts, expressed in our actions.
These practices reflect our reverence
for the Three Treasures (Buddha, Dharma, Sangha)
and our filial devotion to our ancestors.



❖ 图片仅供参考

佛經上說

「禮佛一拜罪滅河沙」

意思是

每次禮佛都能消除無數的罪業。

The Buddha Sutra says,
"One bow to the Buddha eliminates
as many sins as the sands of the Ganges."
This means that each time we bow to the Buddha,
we can eliminate countless karmic offenses.



❖ 图片仅供参考

中國文化重視**孝道**，
所以在家**供佛**和**祭祖**，
不只累積**福報**，
也能讓家庭更**和樂**，
同時也表示我們對先人的
懷念與**感恩**。

Chinese culture places great importance on filial piety.
Therefore, offering to Buddhas and
honoring our ancestors at home not only
accumulates blessings, but also brings
harmony to the family,
while expressing our remembrance
and gratitude to our forebears.



❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

那麼，
在家供佛與祭祖
具體該怎麼做呢？

So, how exactly should we
offer to Buddhas and honor our ancestors
at home?



❖ 图片仅供参考

供台的設置

Setting Up the Shrine Altar



❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

供桌位置選擇：

供桌的位置通常建議放在客廳或主要廳堂的上方，
也就是比較顯眼、清淨的地方。

Altar placement: The altar is usually recommended to be placed
in the living room or the upper area of the main hall,
which is a more prominent and clean place.



❖ 图片仅供参考

若是懂得風水之法，
可以設置在藏風聚氣的吉位上更佳。

If we understand the principles of Feng Shui,
it is even better to place the altar in an **auspicious position**
where energy is gathered and harmony is nurtured.



❖ 图片仅供参考

藏風聚氣
聚集正能量
Gather positive energy
and good fortune.

環境清淨
安定身心
A clean environment
brings peace to body
and mind.

心存恭敬
福慧增長
With respect and sincerity,
blessings and wisdom
will grow.

家庭和樂
平安吉祥
Brings harmony to the family
and auspicious blessings.

設置供台的重點，在於恭敬與清淨；
心存善念，處處都是吉祥之地。
The key to setting up an altar lies in respect and purity.
With a wholesome heart, every place can be an auspicious one.

大小與空間： Size and Space:

供桌的大小可以依照您家裡的空間來決定。
最好能有一個專屬的供桌，
The size of the altar table can be decided based on the space available in your home. It is best to have a dedicated altar table.



專屬供桌
Dedicated Altar Table

如果空間真的不大，也可以將祖先牌位設置在較低的位置，或牆上亦可，
If space is truly limited, ancestral tablets can be placed at a lower position or on the wall,

較低位置
Lower Position



牆上設置
Wall Placement



但不要和佛像放在同一個供桌上。
but do not place them on the same altar table as the Buddha statues.

不可同桌
Do Not Place on the Same Altar Table



❖ 图片仅供参考

❖ 图片仅供参考

❖ 真佛宗在家居士學佛行儀須知

佛像擺放原則：

Principles for Placing Buddha Statues

主尊居中： 壇城主尊應供奉於**正中央**，選擇自己修法的**本尊**作為主尊。若尚無，則可以以**根本上師**或**本師釋迦摩尼佛**坐中位。

Main Deity in the Center:
The principal deity of the shrine should be placed in the center. Choose the yidam or main deity of your own practice as the principal figure. If you do not yet have one, you may place the **Root Guru** or **Shakyamuni Buddha** in the central position.



佛像擺放原則：

❖ 真佛宗在家居士學佛行儀須知

❖ 图片仅供参考

主尊居中：

壇城主尊應供奉於正中央，
選擇自己修法的本尊作為主尊。
若尚無，則可以以根本上師或
本師釋迦摩尼佛坐中位。

Main Deity in the Center:
The principal deity of the altar should be enshrined in the exact center. Choose the deity you practice as your main deity. If not yet, you may enshrine your root guru or Guru Shakyamuni Buddha in the central position.



排列順序：

佛像應以單數排列
（如1尊、3尊、5尊等）。

Arrangement Order:
Buddha statues should be arranged in odd numbers (such as 1, 3, 5, etc.).

1尊
One Statue



3尊
Three Statues



5尊
Five Statues



恭敬供養・清淨身心・福慧增長 Respectful Offering・Purify Body and Mind・Increase Blessings and Wisdom

❖ 图片仅供参考

排列順序：
依次為「佛、菩薩、金剛、天神」

Arrangement Order: In the order of “Buddha, Bodhisattva, Vajra Protector, Deva”.

1 佛
Buddha



佛陀代表覺悟與智慧，
為一切修行之根本。

Buddha represents awakening and wisdom,
the root of all practices.

2 菩薩
Bodhisattva



菩薩大悲願力，慈悲救度眾生，
引導修行。

Bodhisattvas embody great compassion,
saving and guiding sentient beings.

3 金剛
Vajra Protector



金剛護法威猛，護持佛法，
降伏障礙，護壇護行。

Vajra protectors are wrathful and powerful,
protecting the Dharma and subduing obstacles.

4 天神
Deva



天神護持正法，協助護法護壇，
增長善緣與福報。

Devas uphold the Dharma, assist the protectors,
and increase good affinity and blessings.

❖ 图片仅供参考

要確保
供桌非常清淨、整潔。

Ensure that the altar is
very clean and tidy.

清淨 Clean

整潔 Tidy

恭敬 Respectful

莊嚴 Reverent

一塵不染，心生歡喜；供養清淨，福慧增長。

A spotless altar brings joy to the heart;
a pure offering increases blessings and wisdom.



祖先牌位位置：

不要和佛像擺在同一個供桌上，可以另外擺一個供桌祭拜。

Place the ancestor tablet on a separate altar, not on the same altar as the Buddha statues.

佛像供桌（供奉佛菩薩）
Altar for Buddha Statues (Honering Buddhas and Bodhisattvas)



佛、菩薩、金剛、天神等高位尊敬，
宜單獨設壇供奉，保持莊嚴清淨。

Buddhas, Bodhisattvas, Vajra Protectors and Devas are of higher levels. They should be enshrined on a separate altar with purity and solemnity.

祖先牌位供桌（祭拜祖先）
Altar for Ancestor Tablet (Honoring Ancestors)



祖先牌位應另設供桌祭拜。

The ancestor tablet should be placed on a separate altar for worship and offerings.

這樣做的原因：
Reasons for Doing This:

- 因為先人的位階相對較低，如果與佛菩薩同放在一起，
  Because ancestors are of comparatively lower status. If placed together with Buddhas and Bodhisattvas,
- 可能會損及他們的福報，
  It may diminish their blessings,
- 或者讓他們不敢前來接受供養。
  or cause them to feel unworthy to come and receive the offerings.

結論：分開供奉，讓佛菩薩的壇城更莊嚴，也讓祖先安心受供，福慧雙增。

Conclusion: Keep the altars separate to preserve the solemnity of the Buddha altar, and to allow our ancestors to receive offerings with peace and sincerity, bringing blessings and wisdom to both.

❖ 图片仅供参考
❖ 真佛宗在家居士學佛行儀須知



用两张桌子，一高一低来區分。



用垫子垫高佛像和香爐来區分。

❖ 图片仅供参考



完全平行，没有區分。

❖現代神明台／佛龕





❖ 图片仅供参考



日式佛龛



藏式佛龛

❖ 图片仅供参考

❖ 图片仅供参考

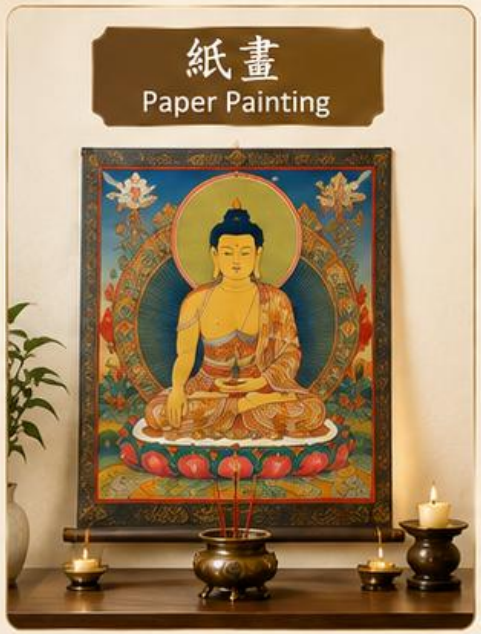
佛像材質：

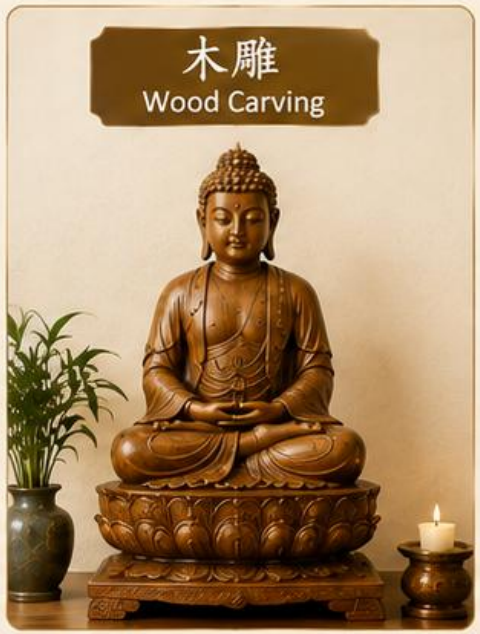
佛像的材質**沒有特別限制**，

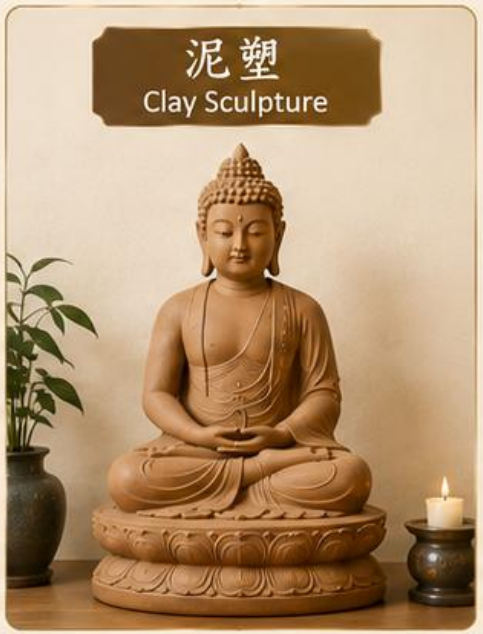
可以是紙畫、木雕、泥塑、瓷塑或銅鑄等，**只要配合供桌的大小即可**。

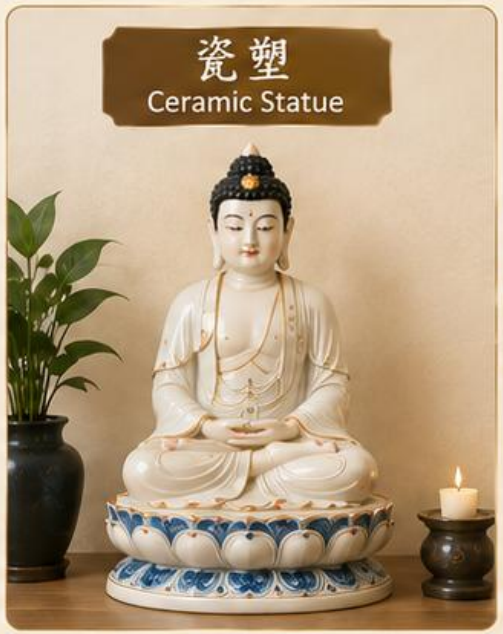
Buddha Statue Materials:

There are no specific limitations on the material of Buddha statues.
They can be paper paintings, wood carvings, clay sculptures, ceramic statues or bronze castings, etc.
Just make sure they are appropriate for the size of your altar.











重點：材質不在貴重，心意與恭敬最為重要。

Key Point: The material is not the most important thing; sincerity and reverence are.

❖ 图片仅供参考

佛像選擇：

所供奉的佛菩薩聖像，可以選擇與您個人修行法門相應的佛菩薩。

Choosing Buddha Statues:

You may choose Buddha or Bodhisattva statues that are in harmony with your personal practice and spiritual path.

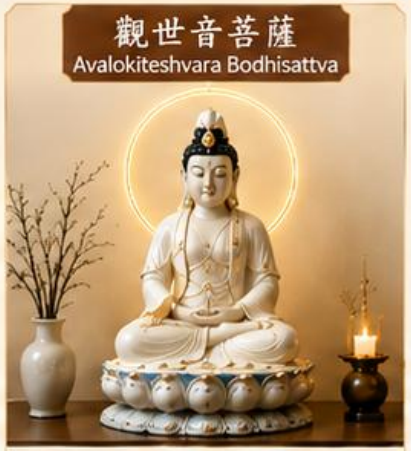
依個人修行法門選擇相應的佛菩薩
Choose the Buddhas or Bodhisattvas that correspond to your practice.



阿彌陀佛
Amitabha Buddha

淨土法門
修持念佛，求往生淨土。

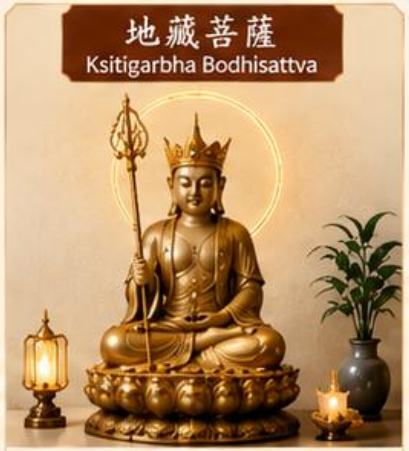
Pure Land Practice
Recite the Buddha's name and seek rebirth in the Pure Land.



觀世音菩薩
Avalokiteshvara Bodhisattva

慈悲法門
修持慈悲，救度眾生。

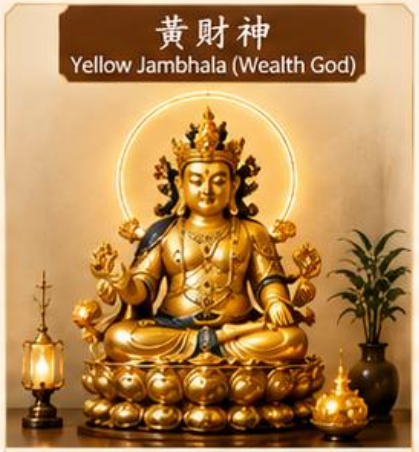
Compassion Practice
Cultivate compassion and save all beings.



地藏菩薩
Ksitigarbha Bodhisattva

地藏法門
度脫眾生，利益幽冥眾生。

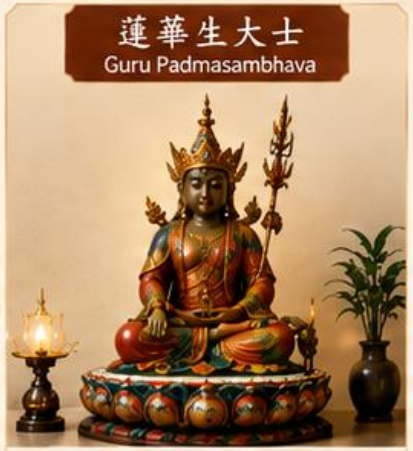
Ksitigarbha Practice
Liberate sentient beings, especially in the lower realms.



黃財神
Yellow Jambhala (Wealth God)

財富法門
增長財富，廣結善緣。

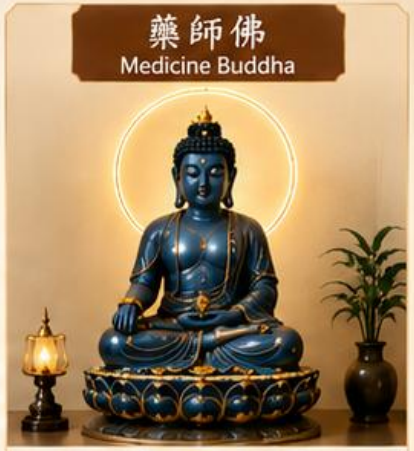
Wealth Practice
Increase wealth and create good affinities.



蓮華生大士
Guru Padmasambhava

密乘法門
修持密法，成就即身佛果。

Vajrayana Practice
Practice esoteric methods and realize buddhahood in this life.



藥師佛
Medicine Buddha

消災延壽法門
消除病苦，增長健康。

Healing Practice
Eliminate illnesses and suffering, and increase health and longevity.

重點提醒：

與自己修行法門相應的佛菩薩，更能產生共鳴與加持，幫助修行更為順利。

Key Reminder:

Choosing a Buddha or Bodhisattva that aligns with your practice can bring resonance and blessings, supporting your spiritual progress.

保持恭敬心，誠心供養，必能獲得佛菩薩的慈悲加持。

With respect, sincerity, and devoted offerings, you will surely receive the compassionate blessings of the Buddhas and Bodhisattvas.

©

你最投緣的那一尊，
就是你的本尊，
你最喜歡的護法，
就是你的護法。



2015年12月19日台灣雷藏寺
「大日如來護摩大法會」開示
《如何選本尊？》

真佛宗

傳承皈依境曼陀羅



True Buddha Lineage Assembly Mandala

基本供品：

平日裡，每個香爐至少要上一炷香，並供奉一到三杯清水。

Basic Offerings:

On ordinary days, each incense burner should have at least one stick of incense, and be offered one to three cups of clean water.



至少一炷香
At least one stick of incense.

一到三杯清水
One to three cups of clean water.



清水要每日更換，保持清淨，表達恭敬之心。
Change the water daily to keep it clean, showing our respect and sincerity.

清淨 Cleanliness
恭敬 Respect
虔誠 Sincerity

❖ 图片仅供参考

節慶供品：

在週末或節慶時，可以依據您的條件和因緣，
供奉鮮花、水果以及其他各種供品。

Festival Offerings:

On weekends or special occasions, you may offer fresh flowers, fruits,
and various other offerings according to your conditions and affinity.



可供奉的供品範例
Examples of Offerings



依個人條件與因緣，隨心供養，表達恭敬與感恩之心。
Offer according to your conditions and affinity,
with a sincere and grateful heart.

供品應保持清淨、完整與新鮮。
Keep offerings clean, complete, and fresh.

供養三寶與祖先，積累福報，增長智慧，家庭和樂，諸事吉祥。
Offering to the Triple Gems and ancestors accumulates blessings, increases wisdom,
brings harmony to the family, and leads to auspiciousness in all endeavors.

❖ 图片仅供参考

供佛菩薩的供品，可以在中午過後撤下並分食。

Offerings to the Buddhas and Bodhisattvas can be removed after noon and shared.



撤下時間
When to Remove the Offerings

中午過後
After noon

在中午過後，
可以將供佛菩薩的供品撤下，
並進行分食。

After noon, the offerings to the Buddhas and Bodhisattvas can be removed and shared.

分食的意義
The Meaning of Sharing

結緣眾生
Share blessings with others.

廣結善緣
Create good connections.

慈悲利他
Practice compassion and benefit all beings.



供養是清淨的心意，分食是慈悲的延續。

Offerings are a pure intention, and sharing is the continuation of compassion.

❖ 图片仅供参考

供祖先的祭品，
則建議等到晚上過後再撤下，
或者隔幾天再撤也可以。

Offerings to ancestors are recommended to be removed after nightfall, or they may be left for a few days.



說明 Explanation

供祖先的祭品，是表達我們的孝心與敬意。
Offerings to ancestors express our filial piety and respect.

建議等到晚上過後再撤下祭品，
或者隔幾天再撤也可以，
以示慎重與感恩之心。

It is recommended to remove the offerings after nightfall,
or they may be left for a few days,
showing our sincerity and gratitude.



流程示意 Process Flow



白天供奉祭品
Offer the offerings during the day.



等到晚上過後
Wait until after nightfall.



撤下祭品
Remove the offerings.



或隔幾天再撤也可以
Or they may be left for a few days.

温馨提醒 Gentle Reminder

供品保持清淨，心懷孝敬與感恩，
不浪費食物。

Keep the offerings clean,
offer them with a heart full of filial piety and gratitude,
and do not waste food.



❖ 图片仅供参考

供台維護：
供桌上要保持清淨莊嚴。

Altar Maintenance: Keep the altar clean and dignified.



除了佛經、香燭和各種供養器具外，
不要放置其他雜物。

Besides Buddhist scriptures, incense and candles,
and various offering vessels,
do not place other miscelleneous items.



佛經
Buddhist Scriptures



香燭
Incense & Candles



供養器具
Offering Vessels



書籍雜物
Books / Miscellaneous



紙巾盒
Tissue Box



玩具雜物
Toys / Miscellaneous

記得要常常擦拭和清潔。

Remember to clean and wipe the altar regularly.



擦拭供桌
Wipe the altar table



清潔佛像
Clean the Buddha statues



清潔香爐
Clean the incense burners



清潔供具
Clean the offering vessels

保持供台清淨莊嚴的功德：

Benefits of keeping the altar clean and dignified:

展現對三寶
的恭敬心
Shows respect
to the Three Gems

提升修行的
清淨與專注
Enhances purity
and focus in practice

增長家宅
平安與和樂
Brings peace
and harmony to
the family

積累福德
與善緣
Accumulates merits
and good affinities

一個清淨莊嚴的供台，能讓我們的心更清淨，修行更圓滿，福慧增長。

A clean and dignified altar helps purify our mind,
fulfills our practice, and increases our blessings and wisdom.

每日最低功課：
身為佛弟子，既然在家裡供奉了佛像，
那麼每天至少要供香、供水。

Daily Minimum Practice:
As Buddhists, since we enshrine Buddha images at home,
we should offer incense and water every day at the minimum.

❖ 图片仅供参考



每日基本供養 Daily Basic Offerings

供香 Offer Incense



- 供香能表達我們的恭敬心，清淨身口意。
  Offering incense expresses our respect and purifies our body, speech, and mind.

供水 Offer Water



- 供水代表清淨與慈悲，願眾生離苦得樂。
  Offering water represents purity and compassion, wishing all beings freedom from suffering and happiness.

用心供養，功德無量 Offer with Sincerity, Merit is Boundless

每日堅持最基本的供養，培養恭敬心與感恩心，
積累福德與智慧，讓我們的生活更加吉祥圓滿。
By faithfully maintaining these basic daily offerings,
we cultivate respect and gratitude, accumulate merits and wisdom,
and make our lives more auspicious and fulfilled.

建議時間 Suggested Time

早上起床後
After waking up in the morning

晚上就寢前
Before going to bed at night

心誠則靈，日日供養，
福慧增長，吉祥平安。
With a sincere heart,
daily offerings bring blessings,
wisdom, and peace.

❖ 图片仅供参考

同時，也不要忘記禮拜佛菩薩，並念「四皈依咒」。

At the same time, do not forget to pay homage to the Buddhas and Bodhisattvas, and recite the "Four Refuges Mantra".



禮拜佛菩薩 Pay Homage to Buddhas and Bodhisattvas

以恭敬心，合掌或三拜禮，
表達我們的感恩與恭敬。

With a respectful heart, join your palms or prostrate three times to express our gratitude and reverence.



合掌
Join Palms



三拜禮
Three Prostrations

四皈依咒 The Four Refuges Mantra

南摩古魯貝	Namo Guru Bei.	I take refuge in the Guru.
南摩不打耶	Namo Buddya.	I take refuge in the Buddha.
南摩達摩耶	Namo Dharma.	I take refuge in the Dharma.
南摩僧伽耶	Namo Sangha.	I take refuge in the Sangha.

禮拜與持咒的功德 Merits of Paying Homage and Reciting the Mantra

增長福慧
Increase blessings and wisdom

→ 淨化身心
Purify body and mind

→ 增長定力
Strengthen concentration

→ 護佑家人平安
Bless and protect our family

每日堅持，身心清淨，
福慧增長，吉祥如意。

With daily practice, may our body and mind be pure, our blessings and wisdom grow, and all things be auspicious.

這是提醒自己不忘佛弟子的身份，以及學佛的方向。

This is a reminder to ourselves not to forget our identity as Buddhists, and to stay on the right path of learning and practicing the Dharma.

❖ 图片仅供参考

這是提醒自己
不忘佛弟子的身份，以及學佛的方向。

This is a reminder to ourselves
not to forget our identity as Buddhists,
and to stay on the right path of learning and practicing the Dharma.



不忘佛弟子的身份 Do Not Forget Our Identity as Buddhists

- 我們皈依三寶，成為佛弟子。
  We take refuge in the Three Jewels and become disciples of the Buddha.
- 時時提醒自己：
  以佛法為依止，行善積德，利益眾生。
  Always remind ourselves:
  Take the Dharma as our guide, cultivate wholesome deeds, and benefit all beings.

皈依三寶
Take Refuge in the Three Jewels

持戒修善
Keep Precepts and Cultivate Goodness

慈悲利他
Practice Compassion and Benefit Others

學佛的方向 The Direction of Learning Buddhism



- 聞思佛法，正見增長。
  Listen to and contemplate the Dharma, and our right view grows.
- 修行實踐，淨化身心。
  Put the Dharma into practice, and purify body and mind.
- 轉化煩惱，離苦得樂。
  Transform afflictions, and be free from suffering and attain happiness.
- 利益眾生，廣結善緣。
  Benefit all beings, and create good affinities.
- 最終成就，回歸自性圓滿。
  Ultimately attain realization, and return to our inherent enlightenment.

每日提醒自己 Daily Reminder to Yourself

供香、供水 恭敬三寶
Offer incense and water with respect to the Three Jewels

禮拜佛菩薩 表達恭敬
Pay homage to the Buddhas and Bodhisattvas

念四皈依咒 憶念三寶
Recite the Four Refuges Mantra and remember the Three Jewels

時時提醒 不忘初心
Always remind ourselves and never forget our original aspiration

學佛修行 方向不偏
Practice the Dharma and stay on the right path

願我們時時不忘佛弟子的身份，精進修行，利益眾生，成就佛道。

May we always remember our identity as Buddhists, diligently cultivate the Dharma, benefit all beings, and ultimately attain enlightenment.

❖ 图片仅供参考

這些供佛與祭祖的行為，不僅是外在的儀式，更是我們培養慈悲心、恭敬心和累積福德資糧的實際行動。

These acts of offering to Buddhas and honoring our ancestors are not merely external rituals, but practical actions that cultivate compassion, respect, and accumulate merits and wholesome resources.



供佛菩薩的供品 Offerings to Buddhas and Bodhisattvas

供佛菩薩的供品，
可以在中午過後撤下並分食。

Offerings to the Buddhas and Bodhisattvas can be taken down after noon and shared among family members.



中午過後
After noon

供祖先的祭品 Offerings to Ancestors

供祖先的祭品，則建議等到晚上過後再撤下，
或者隔幾天再撤也可以。

Offerings to ancestors are best taken down after nightfall, or you may leave them for a few days before removing.



晚上過後
After nightfall

或隔幾天
or after a few days

供台維護 Altar Maintenance



供桌上要保持清淨莊嚴。
除了佛經、香燭和各種供養器具外，
不要放置其他雜物。記得要常常擦拭和清潔。

Keep the altar clean, pure, and dignified.
Besides sutras, incense, candles, and offering vessels, do not place other miscellaneous items on the altar.
Remember to wipe and clean it regularly.

保持清淨
Keep it clean

佛經
Sutras

香燭
Incense & Candles

供養器具
Offering Vessels

每日最低功課 Daily Minimum Practice

- 身為佛弟子，既然在家裡供奉了佛像，
那麼每天至少要供香、供水。
As Buddhists, since we enshrine Buddha images at home, we should offer incense and water every day at the minimum.

Offer Incense　　Offer Water



- 同時，也不要忘記禮拜佛菩薩，
並念「四皈依咒」。
At the same time, do not forget to pay homage to the Buddhas and Bodhisattvas, and recite the "Four Refuges Mantra".



四皈依咒 The Four Refuges Mantra	
南摩古魯貝	Namo Guru Bei.
南摩不打耶	Namo Buddya.
南摩達摩耶	Namo Dharma.
南摩僧伽耶	Namo Sangha.

重要提醒 Important Reminder

供佛供祖，培養慈悲心
Offering to Buddhas and ancestors cultivates compassion.

對三寶恭敬，培養恭敬心
Respecting the Three Jewels cultivates reverence.

持續供養，累積福德資糧
Continuous offerings accumulate merits and wholesome resources.

利益自己與家人，生活更吉祥
Benefits ourselves and our family, bringing a more auspicious life.

讓我們以恭敬心、感恩心，日日供養三寶與祖先，累積福報，增長智慧，讓家庭和樂，吉祥如意。

With reverence and gratitude, let us offer daily to the Three Jewels and our ancestors, accumulate blessings, grow in wisdom, and bring harmony and auspiciousness to our family.



燒香、散花、點燈、繞塔、唸佛、持咒、禪定、讀經、行善、佈施，

都是清淨的行為。

由這些清淨的行為，轉化成為自己本身修行的清淨，

而達到佛跟我合一的境界。

佛門禮儀

「千江有水千江月」

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第三堂課圓滿吉祥
謝謝您的出席聆聽

祝願大家

福慧增長

蓮花俊仁 合十